DAY CORPORATE FAST

FAITH - FAMILY - FINANCE

### **Greetings Family!**

Welcome to what I believe is the most powerful spiritual discipline of all Christian Disciplines:

#### Fasting!

I am convinced that when God's people Fast with the sole biblical purpose and motive to seek God's face and not His hand, with a broken, repentant and contrite spirit, God will hear our prayers and heal our lives. He will recharge our faith, restore our families and reset our finances.

I ask you this question: Is there anything too hard for our God? Let's be encouraged for the next 21 days to fast, pray and seek the face of God in these three areas of our lives (*faith, family, and finance*). At the end we will all be able to say according to Matthew 17:20, that nothing is impossible because with God all things are possible to those who believe. Continue to trust God because **THE MISSION, YOUR MISSION, GOD'S MISSION IS POSSIBLE!** 

**Senior Pastor** 

Bishop Dryon J. Rim D.

## **Fast Instructions**

Everyone is encouraged to support our corporate gatherings:

- Sunday Morning Worship Service -7:30am and 10:00am in the Sanctuary
- Wednesday Teleconference Prayer 6:30am
   336-663-6160, (No Access Code needed)
- Word On Wednesday Bible Study 12 noon in the Chapel
   7:00pm in the Chapel

This fast is not designed to lose physical weight or pounds, but rather to lose the weights and sins that easily beset us.

**NOTE**: If you are sick and/or under medical care, taking medication(s), have a diagnosed medical condition or disease, pregnant or lactating, younger than  $21 - \underline{please\ consult\ with\ a}$   $\underline{medical\ or\ parental\ authority\ before\ fasting}$ . Mount Zion Baptist Church of Greensboro, Inc. is not responsible for adverse effects of fasting under the above mentioned conditions.

### 21 DAY FAST

### Week 1 (January 8-January 14)

No bread, no sodas, no sweets. All other foods are permissible.

### Week 2 (January 15-January 21)

No bread, no sodas, no sweets, no beef, no pork. All other foods are permissible.

### Week 3 (January 22-January 28)

No bread, no sodas, no sweets, no beef, no pork, no fried foods, no pasta, no rice, no potatoes (except baked sweet potatoes). All other foods are permissible.

### **Fast Instructions for Youth**

#### Week 1 (January 8-January 14):

Focus Area Week 1: Remove NO Sweets NO TV after 9pm

1 John 1:9 NIV

Parents/Guardians will spend 15 minutes reviewing FAST instructions and praying with youth

It's the beginning of the year and there are so many things that we desire to receive in the year ahead. Take this week to focus on the things you must first REMOVE from your habits in order to make room for everything God has in store!

Follow on IG: @MTZBCyouth for full details and accountability during the first 14 Days of our New ERA Fast

#### Week 2 (January 15-January 21)

Focus Area Week 2: Restore

**NO Sweets** 

NO TV after 9pm

NO Fried Food

1 Peter 5:10 NIV

Parents/Guardians will spend 15 minutes reviewing FAST instructions and praying with youth

One of the amazing things about the power of God, is that He is able to RESTORE your hurt or broken condition to one that is life giving. Many of us should seek a life that is fully restored to what God desires as wholesome and complete.

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# Week 3 (January 22-January 28) DRADICALANOINTED

Focus of Week 3: Revive

**NO Sweets** 

NO TV after 9pm

NO Fried Food

**NO Social Media** 

#### 2 Timothy 1:6 NIV

Parents/Guardians will spend 15 minutes reviewing FAST instructions and praying with youth

For this week we are being intentional during our prayer time to REVIVE things in our lives that give honor to God, more specifically "rekindle the inner fire" that we possess. Each of us has a special gift on the inside of us that was given by God. Ask Him to SPARK YOUR FIRE AGAIN!

# **Scriptures and Prayers**

### Week One

### **Faith**

Matthew 21:21-22 MSG

Romans 10:17 NIV

Hebrews 11:1-3 NIV

**Ephesians 2:8-9 NIV** 

**Proverbs 12:14 NIV** 

Mark 11:22-24 ESV

**Luke 1:37 KJV** 

**Prayer:** Father God, it is in the name of Jesus that I come in faith, knowing You are my light and my salvation. Whom shall I fear? For there is not one name above the name of the Lord. Through faith in the name of Jesus, I will leap over the walls I thought I had to climb. Through faith in the power of His blood, the dreams I allowed to die will be resurrected. I will seek Your face for clear instructions on carrying out these kingdom plans. I am fully persuaded that this is my season to recover and recoup all that was lost because of fear.

My heart is open, and my mind is ready to receive vision. By faith, I speak to my hands declaring you will not be slack, but will work to build kingdom. By faith, I speak to my mind declaring you are alert and focused. I will press in to find the work designed just for me. By faith, I speak that which brings life to my God- given assignment to expand the kingdom. I have only complete faith that You will increase me in the land! Father, as I set my hands, thoughts, and intentions on building all that You say, I praise You in advance for watering my mustard seed. Amen

### **Declarations**

- I DECREE and DECLARE that I am a force for the kingdom. These hands build, this heart loves, this mind believes, this faith achieves, and no weapon formed against me shall prosper. As His servant, I am due God's protection all the days of my life.
- I DECREE and DECLARE that my faith in Jesus will increase daily. I am His vessel; I know that the Lord
  will never let me down. His strong arm is removing opposition and providing a path to victory. I
  will overcome. I will have what I say. My words are living and they will create what my faith believes.
- I DECREE and DECLARE that God has empowered me to withstand anything that comes against me. There is nothing- no situation, person or circumstance- that is greater than Christ who lives within me. God has graced me with the fortitude and power to experience breakthrough after breakthrough. My faith in God allows me to overcome obstacles that come against my family and me. I've experienced brokenness, but I am no longer broken. I've experienced pain, but God is healing me from my hurt. I've been lost, but I thank God, I am found. There is nothing that I cannot overcome through Christ who strengthens me.
- I DECREE and DECLARE that doubt and worry have no place in this season of my life! I plead the blood of Jesus right now, declaring that I will not walk in fear; I will not operate in distress. Anxiety no longer has a place in my home; Fretfulness and nervousness are no longer my go-to emotions. In this season, I am replacing fear with faith; worry with worship; and doubt with double portions of praise! This is my season to come out of depressing thoughts, un-forgiveness and hate. These feelings and emotions no longer have a hold on my mind. I am moving forward into my place of peace, love, grace and faith.
- I DECREE and DECLARE that this is the season where I will believe in the impossible. Despite what people tell me or how I feel, I will rest in the matchless power and provision of Jesus. This is the season where God's promises for me come to pass! This is the season where I will put my faith in God more than in any person. I will allow my love for God and my faith in God to permeate into every relationship. I will no longer feed into negative thoughts or ideas, instead I will spread my faith everywhere I go. My faith will save souls; my faith will move mountains; my faith will bring me into closer relationship with Christ.
- I DECREE and DECLARE that this is the season where I will experience the glory of God. God's grandeur and magnificence will be everywhere I go. In every conversation, meeting and interaction, the presence of God will be with me. With this sensitivity to the awesome power of God, I will experience God in new and fresh ways. No longer will I keep God in a box, but I will submit to the brilliance of God, which is igniting a faith that enables me to believe in the impossible. I am trusting God for big faith; fruitful faith; life-changing faith! The beauty and wonder of God will infuse every part of my being all as a result of my faith in Christ.
- I DECREE and DECLARE that my faith in God is bringing me into righteousness; right-standing with God. The supernatural faith being nurtured and cultivated within me is the key to the next dimension of my life; this faith is going to stir up gifts not only within me, but in those around me. This faith is powerful, magnetic, contagious and infused with the love of Christ. In this season of my life, God is doing a new thing with my faith that is going to mend broken relationships and save lost souls. There is power, joy and wisdom in my faith! My faith is being taken to a new level!

### **Week Two**

# **Family**

Joshua 24:15 NLT

**Psalm 128:3 NLT** 

Mark 3:25 NKJV

**Proverbs 22:6 NKJV** 

1 Timothy 5:8 NKJV

Psalm 103:17-18 NKJV

I Kings 8:57 NIV

**Prayer:** Dear Most Gracious Heavenly Father, This is the Day that You have made, and I will rejoice and be glad in it. You are the sustainer of my life and the lifter of my head. Take Your rightful place upon the throne of my heart. You are my King and my Savior. You are my source, and all sufficiency is within You. Lord, I am asking You to wrap Your arms around my family. Anoint us, revive us, and stand with us. When moments of darkness creep into this home, let the light of Your Glory shine within us. Let Your favor rest upon this home. A thousand shall fall at our side, and ten thousand shall fall at our right hand; but none shall come nigh us. You have already given us the victory by the Blood of Jesus. Save my unsaved family members. My family belongs to You. We are Your instruments, use us for Your glory. This is the year that the Mission is Possible for our family. And by the grace of God, and our committed hands; my family will fulfill the promise of God. It is in the name of Jesus I pray. Amen.

### **Declarations**

- I DECREE AND DECLARE that my family is walking and living in the favor of the Lord. We are strengthened
  by every circumstance, because the enemy cannot steal our joy. Our testimony is creating new rivers in the
  desert.
- I DECREE and DECLARE that during this season of fasting and praying, every unsaved family member in my family will find the life-changing, burden removing, chain breaking Love of Jesus Christ. Their hearts will be converted, their lives will be transformed, and they will be filled with the Holy Spirit.
- I DECREE and DECLARE that every generational curse is broken and destroyed under the name of Jesus Christ. Every promise shall come to pass. Every hope shall be realized, because whom the Son has set free is free indeed.
- I DECREE and DECLARE that a supernatural healing anointing will rest upon my family. The oil of the Holy Spirit shall change every negative report and crush every sickness and disease. Our bodies are whole because of the finished work of Calvary.
- I DECREE and DECLARE that the spirit of lack, poverty, and laziness will no longer have dominion in my family.
   The Lord God Almighty will show Himself strong as we boldly speak to every principality and power that exalts itself against the will of God. Devil, you are defeated.
- I DECREE and DECLARE that this is the year that my family and I overcome impossible odds. Sickness, disease, contention and malice have no room in my life. My God is greater than any diagnosis or prognosis. Despite what my situation looks like, in this season I win; my family wins. Right now, there is a supernatural shift occurring in my life and in the life of my family. This shift is turning situations, altering outcomes and moving in my favor. The devil has no power; satin does not win. This is the season of faith, power and prosperity in every area of my life.
- I DECREE and DECLARE that this is the season where I will see and experience a mighty move of God. This move will open my eyes to see things I have never seen before; to dream dreams that I've never dreamed. This is the season where God will push me into overflow. Doors that I thought were shut, will open. Family relationships that were damaged will be restored. Hopes, dreams and aspirations will come into fruition. This is the season where my faith will be manifested in every area of my life. My home, job and finances will be engulfed by the matchless power and authority of Jesus Christ.

### **WEEK THREE**

### **Finances**

Matthew 6:19-21 NIV

Romans 13:8 NIV

**Hebrews 13:5 NIV** 

1 Timothy 6:10 NIV

Matthew 21:12-13 KJV

2 Chronicles 1:11-12 KJV

**Luke 14:28 NIV** 

**Prayer:** Father God, I bless Your holy and righteous name. You are great and greatly to be praised. You are my undisputed source; the one that provides, protects and promotes. There is nothing that catches You by surprise for You are all knowing and a very present help in my time of need. I acknowledge the fact that it is You that gives me the power, the intellect and favor to attain wealth. May I continually seek Your face and not just Your hand! In fact my portfolios should permeate love, so that my heart will not be focused on accumulating treasures instead of growing more intimate with You. Give me the boldness, the assurance and discipline to be a skillful manager of my God given resources. Teach me to give freely without coercion, so that Your store house may overflow. Change my perspective towards accumulating debt. Free me from this burden so I may honor You first. In Jesus name, Amen

### **Declarations**

- I DECREE and DECLARE that I shall take the proper perspective when it comes to receiving and distributing God's Finances. Wealth will not cause me to take advantage of others but to take advantage of the opportunity to bless others in love.
- I DECREE and DECLARE that I am the head and not the tail, above only and not beneath. My finances are blessed of the Lord. The weeds of despair are a thing of the past.
- I DECREE and DECLARE that my giving would be reflective of my faith and trust in God who gives me the power to attain wealth.
- I DECREE and DECLARE that my best is yet to come as I align myself with You; seeking Your face and not Your hand. I am prepared for the overflow.
- I DECREE and DECLARE that my treasure shall be in You, oh God and not my resources for my value is my relationship with You and not in what I have in storage.
- I DECREE and DECLARE by faith that I am being guided by the Lord's hand. I have no reason to fear missteps. He will make my ways to prosper, producing overflow.
- I DECREE and DECLARE that the manifested presence of God shall be revealed in my family. New business ideas, opportunities, and promotions are coming to my house. This is the season our minds will shift to being producers and not just consumers.



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