

P.O.W.E.R. Points

The Newsletter

APRIL . MAY . JUNE 2011

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Interested in submitting
 an article to the
P.O.W.E.R. POINTS
 Newsletter?

Email your request to
yamac@mtzbc.com for
 consideration.



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The Young Adult Ministry of
 Mount Zion Baptist Church of
 Greensboro, Inc.

The Young Adult Ministry

of Mount Zion Baptist Church of Greensboro, Inc.

From the Pastor's Desk

Greetings Young Adults,

The First quarter of this year the Young Adult's theme was Being Free. I believe the Lord gives us opportunities daily to be free. I can't express enough the importance of positive confessions. You have the power of life and death in your tongue and whatever you speak will produce fruit. Our second quarter theme is "TBA" (To Be Announced).

We announce loud and clear to Satan your time is short to confuse man. I have no time to be confused; God's plan for me is a hope and a future. 2 Corinthians 4:16-17 (New Living Translation) states: "16 That is why we never give up. Though our bodies are dying, our spirits are being renewed every day. 17 For our present troubles are small and won't last very long. Yet they produce for us a glory that vastly outweighs them and will last forever! I announce what I do for God will last forever."

What is To Be Announce in Your life? There are known and unknown shoulders carrying burdens in order that those coming behind them can experience greater. Christ carried the great burden of sin to the cross so we can be greater. He even said greater works shall you do. Greater is on the horizon, take hold of it and run. Run this extraordinary race with patience and strive for excellence in every season. Just a play on words season (See Son). If we look for Jesus the Son of God in everything our future looks very bright. Young Adults I see miracles in the near future. Grab God's word and see with his eyes, speak what you see, and live what you see in his word. God's word proclaims it will never return void. The word will accomplish what it is sent to do. Can you imagine miracles, if not at least announce them. Romans 4:17 (King James Version)

As we transition into this next quarter, holdfast to the freedom in Christ that you have been experiencing. Be encouraged and know that you can stay free from the ties that bind us to our old ways by speaking to the mountain and not about the mountain. "TBA" is about putting everything on notice that your arrival time is soon to come. Your hour is coming. Your testimony is waiting. It's time to get ready for your celebration.



Pastor DeJuan Harris
harrisd@mtzbc.com

People Of Wisdom Exemplifying Revelation

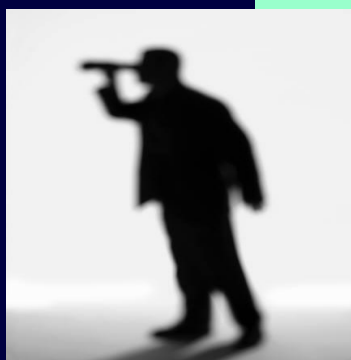
The Young Adult Ministry at Mount Zion Baptist Church of Greensboro, Inc are P.O.W.E.R.

We are People of Wisdom Exemplifying the Revelation of who God is in our lives.

We are a ministry made up of spiritually mature Christians, seeking to engage the world in a conversation or interaction that leads to acceptance Of the sacrifice of Jesus Christ for the forgiveness of sin.

Look at Me Now!

By Jessica Jordan



“For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future.”

-Jeremiah 29:11

It is inevitable that trials and tribulations will arise in your life. Whether it may be a financial crisis or a change in your college major, tests will arise. Many will count you out not knowing your full potential. But God, says, “For I know the plans I have for you, declares the lord, plans to prosper you and not to harm you, plans to give you hope and a future.” (see Jeremiah 29:11). For God is the only one who knows your future. For you are God’s own masterpiece (see Ephesians 2:10). You must prepare for God to renew your situations. For those who once counted you out will see a new work in you. It is TBA (“To Be Announced”) God’s revelation in your life. It will be evident for others to see. *“Look at me NOW!”*

Praise and Worship Wednesdays

When: First Wednesday of every month
 Time: 9:00p.m.
 Location: Mount Zion Baptist Church-Chapel
 Come out and press in to His presence through a night full of praise and worship and lock-in experience



Registration Information

Adult Registration: \$30.00
 Groups of 10: \$25.00/Person
 Students (ages 11-18): \$10.00
 Children (ages 10 & under): Free

****Undergraduate Students please contact Pastor DeJuan Harris @336-373-4247 for special registration information****

Come and join Mount Zion Baptist Church of Greensboro, Inc. for the 2nd Annual Prayer, Praise, and Worship Summit. This summit will offer classes on how to enter into God’s presence NOW through prayer, praise, and worship.

Featured guest speakers:

Bishop Rudolph McKissick

Pastor John Hannah

Guest Psalmists and Clinicians:

Jonathan Nelson

Tasha Cobbs

The Prayer Praise and Worship Committee is looking for:

- Greeters
- Registration Assistants
- Ushers
- Café Assistants
- Vendor Assistants

If would like to volunteer in these areas, please contact
Crystal Norfleet at 252-717-9609 or
Courtney Hartgrove at 336-558-0640

For more information on the Prayer, Praise, and Worship Summit please contact the church office at 336-273-7390 or visit the church’s website at www.mtzbc.com.

SingleVision

SingleVision presents the Vow of Purity Series. Singles, it's worth the wait! The world is blinded by the true facts of what staying pure actually means. To wait until marriage to have sex is not normal in this generation. But God designed physical intimacy for marriage. In the Vow of Purity Series you will gain knowledge of how to be emotionally, mentally, and physically pure and how to fight temptations. The VOP series will enlighten, educate, empower you!



When: Tuesdays April 19th-May 10th
 Time: 7:00pm-9:00pm
 Where: Rm 214 in the Education Wing at Mount Zion Baptist Church

****Childcare will be provided****



Calling ALL Young Adult Leaders!!!

Young Adult Full Body Leadership Meeting.

Saturday, May 21, 2010

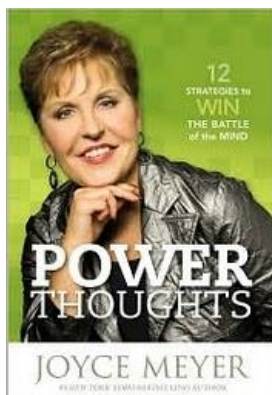
College and University Graduation Ceremony



This is a celebration for all December 2010 and Spring 2011 college and university graduates. The ceremony will be held during 10:00am Worship Service on **Sunday May 1, 2011.**

To participate please fill out the College and University Data Sheet which can be found on the MTZBC website by **Friday April 15, 2011.**

For more information please contact Monica Davis at **(336) 273-7930.**



Power Thoughts Series Part II

Come join SingleVision as they embark on Part II of the Power Thoughts Series. Singles, this Summer we will go to the next level to overcome wrong and negative thinking. We will study 12 strategies that will empower us for every battle in our mind.

The Power Thoughts Program will transform your life, empower you to reflect on God's truth and to meditate on the Word. Join, SingleVision as we examine the role of our thoughts and how they play a role in our life. Our thoughts impact every aspect of our existence.

Mondays starting June 28-August 8
 7:00pm-9:00pm in the Chapel

*****Childcare services will be provided.*****

Questions please e-mail, single.vision@hotmail.com or call Crystal Martin at 336-337-8308.

Enjoy a "FREE" Zumba exercise



Come and "Join The Party" every Tuesday at 6:30pm at the Welcome Center-Sanctuary side.

For more information contact Monica Davis at 336.373.7390

**Come Join Us For
Young Adult Bible Study
Every Thursday @ 7pm in the chapel**

**April is
Stress Awareness Month**

During this month health professional inform others on how to cope with stress in a healthy manner across the country.

Here are some *Christian* tips on how to cope with stress:

- 1) Talk to God (Psalms 62:8)
- 2) Receive help from others (1 Thessalonians 5:11)
- 3) Refocus on Christ (Psalm 119:143).
- 4) Refuse to give up (Matthew 11:28-29)

Work.Life.Balance.

"Get a Life"

By Sannyu Harris

"If there was only more time in the day!" We've either said it or heard someone say it and agreed. But if there were more time in the day, what would you do with it? If you were honest with yourself, and looked at what you do every day, vs. what you schedule, you could probably see where you could cut some things and allow yourself to breathe easier.

Research shows that the average person wastes about 2 hours of work during an 8 hour work day. This does not include meals and scheduled breaks. So what are we doing during this time? We are on the internet, we're socializing, conducting personal business and sometimes just plain spacing out. Then when we leave work or school, we feel as though we do not have enough time to do what want to do or what we need to do.

The greatest way to restore order to our daily lives is to create boundaries. Here are some tips you can use to help restore balance in your life:

- Use a planner, calendar or your phone's calendar to help you stay on task. Setting up boundaries or a schedule is a great way for us to manage our day and help manage other's expectation of our time.
- Say "NO". Sticking to the schedule takes discipline. When we start to decline offers, we can start to see more clearly what we have available to share and prioritize accordingly. It frees us up to say "YES" to what is most important to us.
- Schedule Family & Friends time. Planning in advance to spend time with our loved ones helps us not to miss out on milestones and helps us stay connected.
- Nurture Yourself. This includes getting enough rest, exercising, eating properly and being in the moment. Taking this time takes the "rush" out of our day and relieves stress.

Creating these boundaries helps us view our time as sacred and helps us view what is most important to us. More importantly, it allows us to take on the responsibilities that we *know* we can manage. So instead of getting a life, we can have one.

"Setting up boundaries or a schedule is a great way for us to manage our day and help manage other's expectation of our time"

Sassy and Saved! - Women's Corner

Hey Ladies! Are you tired of going to the store and trying to find something that is fashionable without having to "bear it all"! This is a list of some summer fashion ideas and trends that will get you through those smoldering summer months without breaking a sweat!

Maxi Madness

Maxi dresses are still going strong this summer. Accessorize your maxi by adding a nice chunky necklace and a nice cardigan. Worried about having the same look? Just add a shirt over your maxi with a cute belt and then you will have a maxi skirt!

Wedged Wonderfulness

Platform wedges are the best way to have nice elevation without experiencing discomfort. So keep a look out for some strappy open toe wedges!

Bubbly Bold Prints

Take a chance and pair a bright print with a nice trouser that will be sure to make a statement! Sophistication doesn't mean drab clothing! Spice up your closet with a nice shirt, dress, or shirt with an extraordinary flair.

Wild Wide Trouser

Wide legged trousers are definitely sassy and sophisticated. Wondering how you can beat the heat in pants? Just pair it with a soft sheer blouse and a pair of wedges, and the heat will be no match for this hot look.



REMEMBER!

1 Peter(NLT)3:3-4—Don't be concerned about the outward beauty that depends on fancy hairstyles, expensive jewelry, or beautiful clothes. You should be known for the beauty that comes from within, the unfading beauty of a gentle and quiet spirit, which is so precious to God.



The Network@Connections

Nothing to do on a Friday Night???

Mark your calendars! Every **Third** Friday it's the Network@Connections. The Triad's Premier Social Events for Young Adults

Karaoke, Live Music, Open Mic, Game Nights, Food, and Fun! It's only five dollars to enter! Come and chill with young adults with similar goals and aspirations.

When: 3rd Friday of every month

Time: 7:00-11:00pm

Where: Atrium (Sanctuary Side at MTZBC)

Cost: \$5.00/person

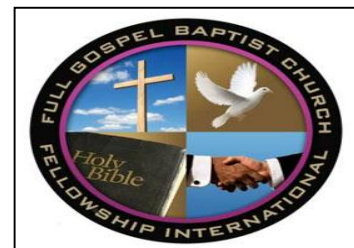
****Note:** There will be NO 3rd Friday event in April due to PPW**



Congratulations to Divine Harmony of UNCG for winning the \$300 cash prize in the 1st Annual College and University Choir Competition. Thank you to UNCC and NCATSU for making it a great event!

Full Gospel Baptist Church Fellowship International

Mark your calendars and get ready for the 18th Annual Full Gospel Conference June 29th- July 1. Click [here](#) for more information



Save The Date

The Young Adult Ministry and The Marriage Ministry Presents the Summer Relationship Series.

Come join us every Thursday in the month of July in the Chapel at 7pm.

Labor Day Encounter 2011

September 2nd - 5th

The Prayer Ministry Presents...

Freedom Rally 2011

May 13, 2011 at 7:00 PM (tentative)

Check Out the [Events](#) Page for More Information

Save The Date

Young Adult Spotlight

Is there a Young Adult that you would like to recognize for their volunteer efforts?

Submit their name for our monthly recognition wall and tell us why!

yamac@mtzbc.com

Calling All College Students...

There is a Bible Study that fits your schedule!!!

At MTZBC- Every Wednesday night 9 PM in the Chapel

At UNCG- Every Tuesday @ 12:30PM in the EUC

At NC A&T- Every Wednesday @12:30PM in The Sit-In



Steps Towards Living Debt Free!!!

Give To God First: *Proverbs 3:9 tells us, Honour the LORD with thy substance, and with the first fruits of all thine increase. Do not expect God to help you if you refuse to bless Him with a portion of your income.*

Be content with what you have: *1Timothy 6:6 tell us, But godliness with contentment is great gain. If it is your sin, then confess it to the Lord and let Him help you change your greedy ways.*

Budget Your Income: *Proverbs 27:23 tells us, Be sure you know the condition of your flocks, give careful attention to your herds; 1Corinthians 4:1—This, then, is how you ought to regard us: as servants of Christ and as those entrusted with the mysteries God has revealed. Budgeting is nothing more than the careful use of your resources. It means knowing how much is coming in and how much is going out. And it means knowing where it is going. You are to work hard to know the condition of your resources .*

Excerpts by David F. Reagan and Christian Personal Finance

Common Mistakes Christian Singles Make Part I

By Kemi Omotade

“Wicked Madness”

In our desire to be married we sometimes get the wrong idea about the intentions made by the opposite sex. As a single person, every now and then, the opposite sex can occupy a significant amount of our thoughts. This can happen whether or not we have a special person in our lives. Although attraction is God given, problems can result when we misinterpret the intentions of someone we are in company with. Ephesians 10 verse 13 states *“Fools base their thoughts on foolish assumptions so their conclusions will be wicked madness,”* The misinterpretation of attentions is one of the major reasons that it is difficult for a single man and woman to have a platonic relationship. Both are on their guard and worried about signals, instead of allowing two single people to have a friendly conversation and enjoy each other’s company without a romantic attraction. During our singleness, avoiding “wicked madness” comes from knowing your worth and spending time with God. This time allows us to identify the areas in our life that may leave us open to being consumed with assumptions that are not intended to develop into anything more than a friendship. Let’s avoid “wicked madness” together and enjoy this time that God has given us.

1-5-7

Ask A Young Adult Leader About This Today!!!

MEN’S CORNER

Rightful Season

By Marieno Brisbon

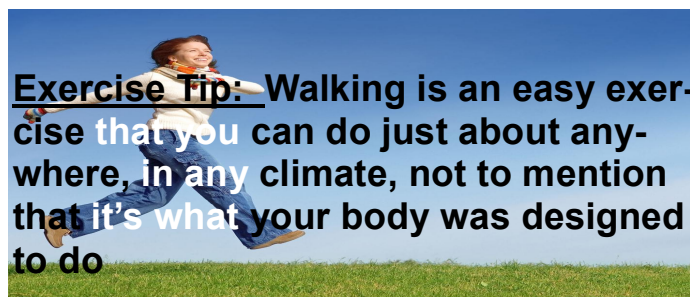
In this season I believe that the men are coming out of what is familiar, not just in our work environment but our community and church environment as well. I believe that we are in a season where we no longer lack the boldness that would catapult us into the rightful place that God desired us to be. I Corinthians 9:8-10 speaks of how the same principle is declared in the Law of Moses. It later goes on to speak of how we are to not muzzle an oxen; this ox is a representation of strength which correlates to man. It also speaks of the thresher (worker) that must thresh (work) “in expectation of a partaking of the harvest”. I noticed that in order for the man to take part of the harvest or the reward that he had to do his part in the harvesting. This leads me to understand that man must work and become an active member in the preparation process in order to reap benefits. So in this season I urge every man to leave out of their “season of complacency”, and begin to be that force of authority that takes our “rightful” place in this walk. We all want the rewards of the harvest. Let’s be prepared to do the work.

Interested in serving on the Young Adult Leadership Team or as a Young Adult Servant Leader?

Connect With Us !



We Can’t Wait to Serve With You!



Meet the Newest Members of Your YAM Leadership Team!!!



Davita Briggs
davibriggs14@yahoo.com



Jasmine Parrish
jas_dance101@yahoo.com



Nakai Fludd
nakaifludd@yahoo.com



Jordan Elliott
jorelli@aol.com



Marquise Broadnax
mmbroadn@ncat.edu

Welcome!!!



The Young Adult Ministry

Advisory Council (YAMAC)

The Purpose of YAMAC is to uphold the bylaws of the church as it relates to Young Adults. The council is headed by the Young Adult Pastor and works with the Young Adult Ministry Leadership Team (YAMLT) and Young Adult Ministry Servant Leaders (YAMSL) to ensure that Young Adults are represented and considered in the holistic growth of the ministry.

If you are interested in serving on the YAMAC, please email us at yamac@mtzbc.com to be considered for nomination

Thank You

For reading our quarterly newsletter.