		<u>Mount Zion</u> August		
Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	31	1
Egg Biscuit	French Toast Stix Fruit	Chicken Biscuit	Pancakes & Sausage on Stick	Bacon & Cheese Biscuit
Cheeseburger	Teriyaki Chicken w/ Rice	Turkey & Dressing	Beef BBQ Sandwich	Cheese Pizza
Baked Beans	Broccoli	Broccoli & Carrots	Green Beans	Pepperoni Pizza
Fresh Fruit	Cherry Crisp	Baked Apples	Pineapple Tidbits	Baby Carrots
	Roll	Roll		Fruit
4	5	6	7	8
Egg Biscuit	French Toast Stix Fruit	Chicken Biscuit	Pancakes & Sausage on Stick	Bacon & Cheese Biscuit
Hot Dog	BBQ Meatballs	Baked Chicken	Pot Roast	Cheese Pizza
Baked Beans	Mashed Potoates	Lima Beans	Pot Roast Potatoes	Pepperoni Pizza
Fresh Fruit	Mandarin Oranges	Peach Crisp	Fruit Crisp	Baby Carrots
	Roll	Roll	Roll	Fruit
11	12	13	14	15
Egg Biscuit	French Toast Stix Fruit	Chicken Biscuit	Pancakes & Sausage on Stick	Bacon & Cheese Biscuit
Teriyaki Chicken w/ Rice	Cheeseburger	Macaroni & Cheese	Turkey & Dressing	Cheese Pizza
Broccoli	Seasoned Fries	Green Beans	Broccoli & Carrots	Pepperoni Pizza
Peaches	Fruit	Mandarin Oranges	Baked Apples	Tossed Salad
Roll		Roll	Roll	Fruit
18	19	20	21	22
Egg Biscuit	French Toast Stix Fruit	Chicken Biscuit	Pancakes & Sausage on Stick	Bacon & Cheese Biscuit
Hot Dog	BBQ Meatballs	Baked Chicken	Pot Roast	Cheese Pizza
Baked Beans	Mashed Potoates	Lima Beans	Pot Roast Potatoes	Pepperoni Pizza
Fresh Fruit	Mandarin Oranges	Peach Crisp	Fruit Crisp	Tossed Salad
	Roll	Roll	Roll	Fruit

This institution is an equal opportunity provider

Milk Served with Each Meal



