



MAX

21  
DAY  
FAST

**MAXIMUM  
RESULTZ**

**JANUARY 7 - 27, 2019**

Greetings Family!

Welcome to what I believe is one of the most powerful, spiritual disciplines in the life of a believer: Fasting!

I am convinced that when God's people fast with the sole biblical purpose and motive to seek God's face and not His hand, God will hear our prayers and heal our lives.

It is my prayer for the next 21 days, that this fast will posture you to receive outcomes that will exceed all of your expectations according to Ephesians 3:20, *Now to Him who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us.*

So let's get ready to recharge our faith, renew our spirit, and reset our lives for **Maximum Resultz.**

A handwritten signature in black ink that reads "Bishop Bryan J. Pierce, Sr." The signature is written in a cursive, flowing style.

Bishop Bryan J. Pierce, Sr.

## **Fast Instructions**

January 7 -27, 2019

**6am-6pm-** no bread, no soda and no sweets

**6pm-6am-** Only water, juice, tea, fruit smoothies and no social nets

**30 minutes of cardio** (which includes walking) anytime every day.

**Sunday Morning Worship Service-**7:30am & 10:00am in the Sanctuary

**Every Wednesday, 6:30 am Teleconference Prayer Call**

Conference number: (336) 663-6160

**Word On Wednesday Bible Study** – 12 noon in the Chapel

7:00pm in the Chapel

*This fast is not designed to lose physical weight or pounds, but rather to lose the weights and sins that easily beset us.*

**NOTE:** If you are sick and/or under medical care, taking medication(s), have a diagnosed medical condition or disease, pregnant or lactating, younger than 21 – please consult with a medical or parental authority before fasting. Mount Zion Baptist Church of Greensboro, Inc. is not responsible for adverse effects of fasting under the above mentioned conditions.

## Week 1: January 7-13

### Prayer

*Dear Heavenly Father, Thank You for the grace, favor and intention upon my life. Thank You for the vision and purpose, which I am called to fulfill. I thank You because I know that You have equipped me with everything I need to achieve God-ordained Results for my life. I submit my desired Results to Your will as I know that Your Results are greater than anything I can think or imagine. Thus, it is in expectation and excitement that I pray for God-ordained Results in my home, relationships, finances and on my job! I am excited about the supernatural Results that have been released over my life. It is in your holy and righteous name I pray. Amen.*

### Scriptures

**Philippians 1:6 (NIV)** “Being confident of this, that He who began a good work in you will carry it on to completion until the day of Christ Jesus.”

**Psalms 138:8 (NIV)** “The LORD will vindicate me; your love, LORD, endures forever— do not abandon the works of your hands.”

**Romans 6:22 (NIV)** “But now that you have been set free from sin and have become slaves of God, the benefit You reap leads to holiness, and the result is eternal life.”

### Declarations

1. I DECREE AND DECLARE that I will see God-centered Results in every area of my life. The grace of God is moving me into a new dimension of faith and favor.
2. I DECREE AND DECLARE that the manifested provisions of Heaven shall be seen in my life. Nothing shall diminish its power and presence.
3. I DECREE AND DECLARE that as I live life on a Maximum Level, I will release old habits and receive a new mind. God is preparing me for better.
4. I DECREE AND DECLARE that I will hear the voice of God concerning the vision for my life. God’s plan for me continues to unfold, and it is marvelous in my eyes.
5. I DECREE AND DECLARE that my hands will be used to advance the Kingdom of God. Our church will see the hearts of men and women returning to God to experience the fullness of His love.
6. I DECREE AND DECLARE the mercy of God is causing the mistakes of my past to be used for a harmonious melody for my victory.
7. I DECREE AND DECLARE that I am walking in my purpose. God has been faithful in His continual ability to supply all of my needs. My life has meaning and I will win.

## Week 2: January 14-20

### Prayer

*Lord, I thank You for the incredible plans You have ordained for me. As I walk in Your glorious light, I ask that You continue to provide clear direction that will yield supernatural Results. As I come into the Results You have for me, I am sowing Godly character, wisdom, patience and perseverance. No matter what my situation looks like, I know that it will end with God-ordained Results! Through this season I am being made better, stronger and wiser. I give You all glory, honor and praise even now in Jesus' name I pray. Amen.*

### Scriptures

**Proverbs 16:3 (NIV)** "Commit to the LORD whatever you do, and He will establish your plans."

**2 Timothy 4:7 (NIV)** "I have fought the good fight, I have finished the race, I have kept the faith."

**Proverbs 21:5 (NIV)** "The plans of the diligent lead to profit as surely as haste leads to poverty."

### Declarations

1. I DECREE AND DECLARE that the hand of Almighty God is on my life giving me strength to complete every assignment given to me. I am an overcomer and an over-achiever in Christ Jesus.
2. I DECREE AND DECLARE that the light of Christ is within me. This light is pushing back every work of darkness and revealing the truth of God's power in my life.
3. I DECREE AND DECLARE the abundance of rain will saturate every dry place in my life. I will see Results in areas that have gone dormant. God is doing a new thing in me.
4. I DECREE AND DECLARE that our local assembly will see God move in ways that we cannot even imagine. God will take our seeds and collective work to reconcile the world.
5. I DECREE AND DECLARE that I will give my best to God in every area of my life. I will remain faithful to His Word, and His favor will follow me.
6. I DECREE AND DECLARE I will see Maximum Results in the life of my family. God's anointing will open new opportunities for deliverance and miracles.
7. I DECREE AND DECLARE that my mind and my faith are being stretched to create space for the big things that God has already provided for me. God is going to allow me to experience the wealth of Heaven in every outcome.

## Week 3: January 21-26

### Prayer

*Lord, I rejoice in the magnificent Father, healer, provider and friend that You are to me. You are incredible, loving, patient, kind and true. You love me so much, that You've provided God-ordained promises over my life, which yield God-ordained Results. In this season, I will walk into the manifestation of the Results that You have for me. I will see this manifestation in every area of my life- Results in my character, Results in my family, Results in my career, Results in my ministry, Results in my giving and Results in my service. Any door that has prevented or blocked Results in my life is now broken! You have complete and sovereign authority over every result in my life. Your Results will thrust me closer to Your presence and into closer covenant relationship with You! I'm so excited about the Results of this season! In Jesus' name I pray. Amen.*

### Scriptures

**Jeremiah 29:11 (NIV)** "For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."

**Romans 8:28 (NIV)** "And we know that in all things God works for the good of those who love Him, who have been called according to His purpose."

**Galatians 6:9 (NIV)** "Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up."

### Declarations

1. I DECREE AND DECLARE that during this season of prayer and fasting my spirit will be strengthened and I will experience a new dimension of faith.
2. I DECREE AND DECLARE that obedience is better than sacrifice. God is taking me to a place that requires deeper discipline, resulting in new levels of abundance.
3. I DECREE AND DECLARE that I will walk in undeniable forgiveness. I will grow in my ability to forgive others in the same manner Christ has forgiven me.
4. I DECREE AND DECLARE the peace of God is resting on me. I will experience wholeness in my work and in my finances.
5. I DECREE AND DECLARE that my faithfulness to the ways of the Lord has opened doors of opportunities. God has enabled me to be a blessing because I am His chosen instrument.
6. I DECREE AND DECLARE the plans of the enemy will not succeed. Although the enemy will come, my faith is strengthened because I know the Lord will fight my battles.
7. I DECREE AND DECLARE the finished work of the Cross is empowering me to operate in new levels of expectation. Every promise shall be fulfilled and every word will be accomplished.



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