

JUNE 2014 BREAKFAST

7:30am

Nondiscrimination Statement: Mount Zion Baptist Church of Greensboro, Inc.

To provide equal employment and advancement opportunities to all individuals, employment decisions at Mount Zion Baptist Church of Greensboro, Inc. are based on merit, qualifications, and abilities. Mount Zion Baptist Church of Greensboro, Inc. does not discriminate in employment opportunities or practices on the basis of race, color, religion, sex, national origin, age, disability, veteran status, non-English speaking or nonverbal individuals, or any other characteristic protected by law.

Mount Zion Baptist Church of Greensboro, Inc. will make reasonable accommodations for qualified individuals with known disabilities who are able to meet the essential functions of the position, unless doing so would result in an undue hardship. This policy governs all aspects of employment, including selection, job assignment, compensation, discipline, termination, and access to benefits and training.

Any employees or applicants with questions or concerns about any type of discrimination in the workplace are encouraged to immediately bring these issues to the attention of their immediate supervisor, Human Resources, or the CEO. Employees may also consult the Non-Discrimination Policy posted at each worksite. Employees can raise genuine concerns and make legitimate reports without fear of reprisal. Such reports will be investigated. The employee and/or applicant will be made aware of the findings or of any remaining steps that may be taken.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
15	16 Pancake on Stick (1.1 oz) Cereal (1 oz) Fresh fruit (3/4 cup) 100% Juice/Milk (1 cup of each)	17 Chicken Biscuit (1 oz) Cereal (1 oz) Fresh fruit (3/4 cup) 100% Juice/Milk (1 cup of each)	18 Waffles & Syrup (1.1 oz) 100% Juice/Milk (1 cup of each) Fresh Fruit (3/4 cup)	19 Sausage Biscuit (1 oz) Fresh fruit (3/4 cup) 100% Juice/Milk (1 cup of each)	20 Toast w/jelly (1 slice) Fresh fruit (3/4 cup) Cereal (1 oz) 100% Juice/Milk (1 cup of each)	21
22	23 French toast stick (1.1 oz) Cereal (1 oz) Fresh fruit (3/4 cup) 100% Juice/Milk (1 cup of each)	24 Toast w/jelly (1 slice) Fresh fruit (3/4 cup) Cereal (1 oz) 100% Juice/Milk (1 cup of each)	25 Egg & Cheese Biscuit(1 oz) Cereal (1 oz) 100% Juice/Milk (1 cup of each) Fresh Fruit (3/4 cup)	26 Pancake on Stick (1.1 oz) Cereal (1 oz) Fresh fruit (3/4 cup) 100% Juice/Milk (1 cup of each)	27 Chicken Biscuit (1 oz) Cereal (1 oz) Fresh fruit (3/4 cup) 100% Juice/Milk (1 cup of each)	28
29	30 Pancake Sausage on stick (1.1 oz) Cereal (1 oz) 100% Juice/Milk (1 cup of each) Fresh Fruit (3/4 cup)					
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Sun

Mon

Tue

Wed

Thu

Fri

Sat

		1 Pancake Sausage on a stick (1.1 oz) Fruit (1/2 cup) 100% Juice/Milk(1 cup of each)	2 Chicken Biscuit(1 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each) Fruit(1/2 cup)	3 Egg & Cheese Biscuit (1oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each) Fruit (1/2 cup)	4 CLOSED	5
6	7 Pancake Sausage Stick (1.1 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each)	8 French Toast Sticks & Syrup(2.2 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each)	9 Pancake Sausage on a stick (1.1 oz) 100% Juice/Milk(1 cup of each) Fruit(1/2 cup)	10 Egg & Cheese Biscuit (1oz) Cereal (1 oz) 100% Juice/Milk(1 cup of each) Fruit (1/2 cup)	11 Chicken Biscuit(1 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each) Fruit(1/2 cup)	12
13	14 Waffles & Syrup (1.1 oz) Yogurt(1 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each)	15 Cinnamon toast(1.8 oz) Yogurt(1 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each)	16 Egg & Cheese Biscuit(1 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each) Fruit(1/2 cup)	17 Toast w/jelly(1 slice) Cereal (1 oz) 100% Juice/Milk(1 cup of each) Fruit(1/2 cup)	18 Sausage Biscuit Cereal(1 oz) 100% Juice/Milk(1 cup of each) Fruit (1/2 cup)	19
20	21 Chicken Biscuit(1 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each) Fruit(1/2 cup)	22 Pancake on a stick (1.1 oz) Fruit (1/2 cup) 100% Juice/Milk(1 cup of each)	23 Waffles & Syrup (1.1 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each) Fruit(1/2 cup)	24 Egg & Cheese Biscuit Cereal(1 oz) 100% Juice/Milk(1 cup of each)	25 French Toast Sticks & Syrup(2.2 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each)	26
27	28 Pancake Sausage on a stick (1.1 oz) 100% Juice/Milk(1 cup of each) Fruit(1/2 cup)	29 Cinnamon toast (1.8 oz) Yogurt(1 oz) Cereal (1 oz) 100% Juice/Milk(1 cup of each)	30 Chicken Biscuit(1 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each) Fruit(1/2 cup)	31		

AUGUST 2014 BREAKFAST

7:30am

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Pancake Sausage on a stick (1.1 oz) Fruit (1/2 cup) 100% Juice/Milk(1 cup of each)	5 Sausage Biscuit Fresh fruit (3/4 cup) Cereal(1 oz) 100% Juice/Milk(1 cup of each)	6 Waffles & Syrup (1.1 oz) 100% Juice/Milk(1 cup of each) Fresh Fruit(1/2 cup)	7 Egg & Cheese Biscuit (1oz) Cereal (1 oz) 100% Juice/Milk(1 cup of each) Fresh Fruit (1/2 cup)	8 Chicken Biscuit(1 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each) Fresh Fruit(1/2 cup)	9
10	11 Chicken Biscuit(1 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each) Fresh Fruit(1/2 cup)	12 French Toast Sticks & Syrup(2.2 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each)	13 Egg & Cheese Biscuit(1 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each) Fresh Fruit(1/2 cup)	14 Toast w/jelly(1 slice) Cereal (1 oz) 100% Juice/Milk(1 cup of each) Fresh Fruit(1/2 cup)	15 Pancake Sausage on a stick (1.1 oz) Fruit (1/2 cup) 100% Juice/Milk(1 cup of each)	16
17	18 Egg & Cheese Biscuit (1oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each) Fruit (1/2 cup)	19 Sausage Biscuit Fresh fruit (3/4 cup) Cereal(1 oz) 100% Juice/Milk(1 cup of each)	20 Waffles & Syrup (1.1 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each) Fruit(1/2 cup)	21 Egg & Cheese Biscuit Cereal(1 oz) 100% Juice/Milk(1 cup of each)	22 Chicken Biscuit(1 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each) Fruit(1/2 cup)	23
24	25 Chicken Biscuit(1 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each) Fruit(1/2 cup)	26 French Toast Sticks & Syrup(2.2 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each)	27 Egg & Cheese Biscuit(1 oz) Cereal(1 oz) 100% Juice/Milk(1 cup of each) Fruit(1/2 cup)	28 Pancake Sausage on a stick (1.1 oz) Fruit (1/2 cup) 100% Juice/Milk(1 cup of each)	29 Toast w/jelly(1 slice) Cereal (1 oz) 100% Juice/Milk(1 cup of each) Fresh Fruit(1/2 cup)	30