

**Mount Zion
July**

Monday	Tuesday	Wednesday	Thursday	Friday
30	1	2	3	4
Egg Biscuit	French Toast Stix Fruit	Chicken Biscuit	Pancakes & Sausage on Stick	Bacon & Cheese Biscuit
Teriyaki Chicken w/ Rice Broccoli Peaches Roll	Cheeseburger Seasoned Fries Fruit	Macaroni & Cheese Green Beans Mandarin Oranges Roll	Turkey & Dressing Broccoli & Carrots Baked Apples Roll	Cheese Pizza Pepperoni Pizza Tossed Salad Fruit
7	8	9	10	11
Egg Biscuit	French Toast Stix Fruit	Chicken Biscuit	Pancakes & Sausage on Stick	Bacon & Cheese Biscuit
Cheeseburger Seasoned Fries Fruit Cocktail	Teriyaki Chicken w/ Rice Green Beans Fruit Roll	Chicken Sandwich Corn Baked Apples	Turkey with Stuffing Mashed Potatoes Peach Crisp Roll	Cheese Pizza Pepperoni Pizza Tossed Salad Fruit
14	15	16	17	18
Egg Biscuit	French Toast Stix Fruit	Chicken Biscuit	Pancakes & Sausage on Stick	Bacon & Cheese Biscuit
Macaroni & Cheese Green Beans Mandarin Oranges Roll	Hot Dog Seasoned Fries Fresh Fruit	Salisbury Steak Mashed Potatoes Peach Crisp Roll	Chicken & Gravy Corn Baked Apples Roll	Cheese Pizza Pepperoni Pizza Tossed Salad Fruit
21	22	23	24	25
Egg Biscuit	French Toast Stix Fruit	Chicken Biscuit	Pancakes & Sausage on Stick	Bacon & Cheese Biscuit
Hot Dog Baked Beans Fresh Fruit	BBQ Meatballs Mashed Potoates Mandarin Oranges Roll	Baked Chicken Lima Beans Peach Crisp Roll	Pot Roast Pot Roast Potatoes Fruit Crisp Roll	Cheese Pizza Pepperoni Pizza Tossed Salad Fruit
28	29	30	31	1
Egg Biscuit	French Toast Stix Fruit	Chicken Biscuit	Pancakes & Sausage on Stick	Bacon & Cheese Biscuit
Cheeseburger Baked Beans Fresh Fruit	Teriyaki Chicken w/ Rice Broccoli Cherry Crisp Roll	Turkey & Dressing Broccoli & Carrots Baked Apples Roll	Beef BBQ Sandwich Green Beans Pineapple Tidbits	Cheese Pizza Pepperoni Pizza Baby Carrots Fruit

This institution is an equal opportunity provider
Milk Served with Each Meal

