

Question	Answer
How do I communicate with my spouse about past relationships?	The question of “what was a past relationship like” often comes up with couples, mostly out of curiosity. The answering spouse should be sensitive and mature in coming against any feelings of uncertainty or jealousy by the other spouse and affirm his/her spouse that it was a “past” relationship, and that the spouse is the chosen mate, ordained by God.
How do I communicate with my spouse in a way that makes them understand my side of a situation?	It is important to emphasize that you are not taking a “side”, but rather have a different perspective based on your experiences. By sharing your experience, your spouse should be encouraged to share their perspective. Men and women can often have a different perspective based on gender experiences. God made us male and female. Seeing things differently does not mean the other spouse is wrong.
How do I communicate with my spouse in a way that doesn't end in an argument?	Through your difference, explain to your spouse that you both have an opportunity to learn from one another – a learning moment. It is important that you be slow to speak, and quick to hear, so that anger does not get the best of the situation (James 1:19).
What Bible verses can I reference to help me better communicate with my spouse?	<ul style="list-style-type: none"> • James 1:19 • Psalm 19:14 • Ephesians 4:29-32
How do you communicate with your spouse?	Most couples communicate differently. The goal should be to find each other's style of communication. For example, one spouse may be very high level, big picture oriented while the other is more detailed and specific. To be effective communicators both must try to learn the other person's style and work on trying to reach that person in their language.
How do you communicate about insecurities within marriage?	We believe that one of the keys to clear communication is to grow to being open and honest. This is a process. You may not want to unpack all your luggage all at one time. However the couples should grow to talking about their insecurities as the spouse is able to handle them. The sooner true open and honest communication is established, the sooner the two can grow to becoming one.
How do you communicate with your spouse when you	To communicate with busy and opposite schedules couples should set up times when both spouses can agree to talk. Busy people make appointments. Set up a schedule that you both can agree on and try to, like any other appointment, keep it.

<p>both have busy and opposite schedules?</p>	<p>Dedicate and commit to keeping that appointed time sacred. This must be a priority. Often, busy couples miss out on consistent and constant communication because they're going in different directions. So you must commit to setting aside that time to talk about whatever (although maybe quick and short).</p>
<p>How do you communicate with your spouse when you just can't seem to see eye to eye?</p>	<p>Husbands and wives are different in so many ways. Backgrounds, family size, personalities, likes and dislikes, male and female, etc. So it's likely that you will not see eye to eye on many things. But that's okay! We expect you to think and see things differently because of your overall make up. However you have to respect the other person's perspective on things, although you may not agree with it. You both have to learn to agree to disagree for the moment and then set up a time to come back to discuss the issue. You won't see eye to eye on everything, but you have respect their point of view. Understand that your way may not always the right way. Practice a little more empathy.</p>
<p>How do I communicate to my spouse about the need to share responsibilities?</p>	<p>We believe you should make "I" and "We" statements; such as "I feel we should work together," or "We should help each other, so that we can be good stewards over what God has blessed us with."</p>
<p>How do you communicate with a spouse who is going through really serious and challenging issues (i.e.: how do you communicate to a spouse about getting help)?</p>	<p>Ask questions and not accuse. Make statements like "I feel..." Don't assume that your spouse understands your feelings about any situation without you expressing your thoughts.</p>
<p>When infertility is a factor in your marriage, how do you communicate in a supportive way?</p>	<p>First we pray and ask God to give us wisdom. We speak words of encouragement to each other. We continue to reiterate that everything is going to be alright. Remain positive.</p>
<p>When it comes to troublesome or controlling in-laws, who should be the one to communicate the concern to them?</p>	<p>As a couple we should have a talk and voice our concerns and make some decisions on how the situation should be handled. Depending on whose parents they are would determine who would share with them. (for example, my parents me, his parents, him). We as a couple should be on one accord.</p>