

New ERA Fast Instructions

New ERA CREED Fast

Week 1

THIS NEW ERA doesn't "fit" into the pattern of this world. (Romans 12:2 NLT)

- Take time this week to reflect on this concept from our Creed.
- Write a paragraph about how you aim not to compromise who you are in Christ this year in order to "fit" in with negative friends and things of the world.
- Share this with your parent or guardian & Pastor Jay!
- NO SODA, NO BREAD, NO SWEETS, NO SOCIAL MEDIA from 3pm to 6am.

Week 2

THIS NEW ERA may be real "peculiar" to man, but a royal priesthood in the eyes of God.

THIS NEW ERA is comfortable with being rejected by man, but accepted by God.

- Being peculiar means to be a special possession of God. What does being "peculiar" mean to you? How will you live out being special and chosen?
- Have a discussion with your parent or guardian about being a child of God.
- Take 20 mins to discuss being a part of Gods plan with your family.
- NO SODA, NO BREAD, NO SWEETS, NO SOCIAL MEDIA from 3pm to 6am.

Week 3

THIS NEW ERA will take back their power and step into their rightful place as young people of God!

- Write the vision and make it plan!
- Write out 10 power moves for the year! These are things that you will achieve by the assistance of God.
- Include the personal and academic goals that you pray God helps you with this year.
- NO SODA, NO BREAD, NO SWEETS, NO SOCIAL MEDIA from 3pm to 6am.