



**BELIEVE TO SEE**  
21 DAYS FASTING & PRAYING

**MOUNT ZION CORPORATE FAST**  
JANUARY 4 - JANUARY 24



# MOUNT ZION

## **Believe to See**

### **21 Day Fast**

Begins January 4, 2021, at 7am - Ends January 24, 2021, at 12 noon  
Teleconference Prayer: Monday-Friday at 7am: 336-663-6160

#### **Week 1- January 4-January 10: Don't Fear**

ONLY fruits, vegetables, juice, water, tea, smoothies, and protein shakes. Water Only from 7pm to 7am.

#### **Scripture:** Psalms 27: 1-3

<sup>1</sup>The LORD is my light and my salvation; whom shall I fear? the LORD is the strength of my life; of whom shall I be afraid? <sup>2</sup>When the wicked, even mine enemies and my foes, came upon me to eat up my flesh, they stumbled and fell. <sup>3</sup>Though an host should encamp against me, my heart shall not fear: though war should rise against me, in this will I be confident.

#### **Declaration:**

I DECREE AND DECLARE that the perfect love of God is defeating every area of fear in my life. This is the year I will step into a new dimension of faith, power, and anointing. The Light of Christ Jesus cannot be diminished within me. I am confident I will see divine assistance and abundant victory every day. The favor of God and the promises of His Word are in full activation in my life. The enemy cannot stop what God has started. It shall come to pass.

#### **Prayer:**

Dear Heavenly Father, thank You for Your grace and Your mercy. I would not be here if it had not been for You on my side. Your favor is better than life. Thank You for the vision and purpose that is on my life. As I begin this year, I will put You first in all my ways. I submit my desired results to Your will. I speak against all manner of fear, worry, and anxiety. The work of my hands will bring glory to Your name. This is a new season, and I am walking with a new level of faith. Let Your light be seen in me. Open my eyes, guard my heart, and fill my spirit. I love You and I praise Your name. In Jesus' name, Amen.

## **Week 2 - January 11-January 17: Seek God's Face**

ONLY fruits, vegetables, juice, water, tea, smoothies, and protein shakes. Water Only from 7pm to 7am.

### **Scripture:** Psalms 27: 4-8

<sup>4</sup>One thing have I desired of the LORD, that will I seek after; that I may dwell in the house of the LORD all the days of my life, to behold the beauty of the LORD, and to enquire in his temple. <sup>5</sup>For in the time of trouble he shall hide me in his pavilion: in the secret of his tabernacle shall he hide me; he shall set me up upon a rock. <sup>6</sup>And now shall mine head be lifted up above mine enemies round about me: therefore will I offer in his tabernacle sacrifices of joy; I will sing, yea, I will sing praises unto the LORD. <sup>7</sup>Hear, O LORD, when I cry with my voice: have mercy also upon me, and answer me. <sup>8</sup>When thou saidst, Seek ye my face; my heart said unto thee, Thy face, LORD, will I seek.

### **Declaration:**

I DECREE AND DECLARE that Heaven and earth belong to my God, and all things are working for my good. I will not be moved or shaken by the attacks against my faith, finances, or fitness. As I continually seek the Face of God, the capacity of my soul is being stretched and strengthened. His image is on my heart. My steadfast obedience to God is opening doors of deliverance and closing doors of defeat. Big things are coming. I see the vision. I see the overflow. God is preparing me for Greater.

### **Prayer:**

Dear Heavenly Father, thank You for this day. You are my Lord and my Savior. You have redeemed me from the hands of the enemy. You are the lifter of my head. There is none like You in heaven and earth. I am nothing without You, but with You I can do all things. Let my worship bring glory to Your name. I seek Your face this week. Let Your image and imprint be upon my life. My life belongs to You, and I will follow You all my days. I declare the enemy is defeated and I have the victory because of the blood of Jesus. I love You and I thank You. In Jesus' precious name I pray, Amen.

## **Week 3 - January 18-January 24: Wait in Faith**

ONLY fruits, vegetables, juice, water, tea, smoothies, protein shakes, baked or grilled chicken and seafood. Water Only from 7pm to 7am.

**Scripture:** Psalms 27: 13-14

<sup>13</sup> I had fainted, unless I had believed to see the goodness of the LORD in the land of the living. <sup>14</sup> Wait on the LORD: be of good courage, and he shall strengthen thine heart: wait, I say, on the LORD.

**Declaration:**

I DECREE AND DECLARE that I am the righteousness of God, and I am His chosen instrument. I can do all things through Christ who gives me strength. My testimony and survival are indicators that God's goodness is at work in my life. With this certainty, I know my best days are still in front of me. While I am waiting in faith, I know that the enemy will stumble and fail because the Lord will fight for me. My praise is my weapon and walls are coming down. I am more than a conqueror.

**Prayer:**

Dear Heavenly Father, I enter Your gates with thanksgiving, and I enter Your courts with praise. My heart is turned towards You in all ways. Thank You for Your peace that surpasses all understanding. Thank You for the joy of the Lord which is my strength. Let Your perfect love be seen in my life. You are the sustainer of my faith, and the keeper of my soul. I trust Your word and Your will. You have always been a present help in the time of trouble. Speak to my heart this week and give me the wisdom of Heaven. I will forever give You the praise and the glory. In Jesus' name, Amen.

*NOTE: If you are sick and/or under medical care, taking medication(s), have a diagnosed medical condition or disease, pregnant or lactating, younger than 21— please consult with a medical or parental authority before fasting. Mount Zion Baptist Church of Greensboro, Inc. is not responsible for adverse effects of fasting under the above-mentioned conditions.*